

## 10 Resolutions for Parents to Brighten Their Children's Future

*Here's a list of 10 resolutions for the new school year that are guaranteed to help your children enjoy a healthy, safe, and academically positive 2016–17 school year.*

**Read. Read. Read.** Read to your preschool and primary school children at least 15 minutes a day, every day... and they will become lifelong readers. Encourage older children to set aside time for reading, too.

**Discuss what happened at school with your child each school day.** "What was the most interesting thing you learned today?" is a great conversation starter.

**Praise children when they do well; support them when they fail; and give children the respect they deserve.**

**Get to know your child's teacher better.** If possible, attend the school events where you can interact with your child's teacher, including curriculum nights, PTA events, and parent-teacher conferences. If you're not able to be at events, develop a relationship through e-mail or phone calls.

**Help children to think and to solve problems.** Discuss options and examine alternatives with them.

**Give children opportunities to be independent and responsible for their own actions.** Hold them accountable.

**Limit television viewing and video game time.** Reading, board games, and outside play are all alternatives that are healthier and more productive.

**Let your children know school is important.** Talk to them about how you still use what you learned in school.

**Join in the life of your child's school.** The more help parents give teachers, the more time teachers can spend with students.

**Show your children your own love for learning and set their learning sights high.** After all, you are your child's first, and favorite, teacher!

*Adapted from materials from the National Association of Elementary School Principals; [www.naesp.org](http://www.naesp.org).*

