

# Parent Resources: Teens, Drinking, and Drugs

Research shows that the brain—including the center for decision-making—is not fully developed until a young person reaches his or her mid-20s. Read the headlines or watch the evening news to see the difficult, and sometimes dangerous, situations that confront kids who make bad choices. The good news? Studies show that parents are the #1 influence in a child's decision not to drink. Following are some important resources for parents from the folks at GUIDE, Inc. (Gwinnett United in Drug Education), a partner with GCPS in helping students make good choices about drinking and drugs, plus other recommended links to help curb substance abuse in teens.

**Gwinnett United in Drug Education, Inc.**, is a non-profit community-based substance abuse prevention agency that has been serving Gwinnett County since 1986, a joint effort of the Gwinnett County Board of Education and the Gwinnett County Board of Commissioners. **CLICK** to check out GUIDE, Inc.



## GUIDE

**CLICK** to learn more about SaveBrains, a media campaign designed to educate youth and parents about alcohol's effects on the developing adolescent brain.



**CLICK** to learn how to answer the tough questions. Talk Early. Talk Often.

**CLICK** for conversation starters so you can talk to your student about living a drug-free lifestyle.

**CLICK** for ways you can make a difference. Don't be a party to teenage drinking.

**CLICK** to learn the facts about underage drinking.

**CLICK** for a statewide overview of how agencies are "Taking Action on Underage Drinking in Georgia."

**CLICK** for more on The Power of Parents from Mothers Against Drunk Driving (MADD).

**CLICK** for resources about a growing problem—prescription and over-the-counter drug abuse—from the Partnership at Drug-free.org.

**CLICK** for more on the "Be Aware. Don't Share" campaign from the National Family Partnership.



**LOCK YOUR MEDS™**

**CLICK** for resources on prevention, intervention, treatment, and recovery for teen drug and alcohol addiction.

**CLICK** to see how teaching young children to make healthy choices paves the way for good decision-making in teens.

**CLICK** to visit The Cool Spot with your tween to start the conversation about underage drinking, because... Too Much. Too Soon. Too Risky.

**CLICK** to share the message of "Too Smart to Start" with your middle or high school student.

**CLICK** for "The Age of Alcohol," a ParentVision program from GCPS TV.

**CLICK** for "Prescription for Trouble," another GCPS TV show in the ParentVision series.

