



ASTHMA MANAGEMENT PLAN

SCHOOL YEAR: _____

STUDENT: _____ **BIRTHDATE:** _____
SCHOOL: _____ **STUDENT ID:** _____

MOTHER:		FATHER:	
HOME PHONE:		HOME PHONE:	
WORK:		WORK:	
CELL:		CELL:	
EMERGENCY CONTACT:		PHONE:	
PHYSICIAN:		PHONE:	FAX:
MEDICATIONS TAKEN AT HOME:			
Medication Name:	Dose:	Time:	
SCHOOL MANAGEMENT OF ASTHMA:			
<p style="text-align: center;">GREEN ZONE- GOOD</p> <p>If student has ALL of these:</p> <ul style="list-style-type: none"> • Breathing is easy • No Cough or wheeze • Can play and work <p>NO TREATMENT NEEDED</p> <p>If in GREEN ZONE BUT EXERCISE MAY CAUSE ASTHMA SYMPTOMS, USE:</p> <p>Use _____ <small>(name of medication)</small> _____ puffs _____ minutes before exercise</p>	<p style="text-align: center;">YELLOW ZONE- CAUTION</p> <p>If student has ANY of these:</p> <ul style="list-style-type: none"> • First sign of a cold • Cough or mild wheeze • Tight chest • Problems with work or play <p><input type="checkbox"/> Use _____, <small>(name of medication)</small> _____ puffs inhaler every _____ hours as needed</p> <p style="text-align: center;">OR</p> <p><input type="checkbox"/> Use _____, <small>(name of medication)</small> _____ nebulizer treatment every _____ hours as needed</p> <p><input type="checkbox"/> Other treatment needed: _____ _____</p>	<p style="text-align: center;">RED ZONE-DANGER</p> <p>If student has ANY of these:</p> <ul style="list-style-type: none"> • Can't talk, eat, or walk well • Medicine is not working • Breathing hard and fast • Blue lips and fingernails • Tired or lethargic • Skin around neck and ribs pulls in <p style="text-align: center;">Call 911 then contact parent.</p>	
<p><u>This section is to be completed by a Physician IF student is to possess and self-administer medication in school at a school sponsored activity; while under the supervision of school personnel; or before, during, or after school care on school operated property, (in compliance with SB 472, effective 7/01/02).</u></p> <p>FOR INHALED MEDICATIONS: (Please check one of the options below)</p> <p>1. _____ I have instructed this student in the proper use and dosage of his/her inhaled medication. It is my professional opinion that this student should be allowed to carry and use that medication by him/herself.</p> <p style="text-align: center;">OR</p> <p>2. _____ This student is <u>not</u> approved to self-medicate.</p>			
_____ Physician Signature		_____ Date	

Parent Signature

Date

County School Nurse Signature

Date

Confidentiality of student information should be maintained at all times.